



# BIRDWOOD HIGH SCHOOL

YEAR 7  
Information Booklet 2024





## Welcome to Birdwood High School

Birdwood High School is a proud educational environment committed to providing education of the highest quality to our school community.

Our core values of Respect, Resilience and Empathy as well as our school motto Labor Omnia Vincit- hard work conquers all. Driven by a dynamic and inclusive learning environment, we will empower and inspire students to be resilient, empathetic and adaptive learners, who strive for personal excellence in a rapidly changing world.

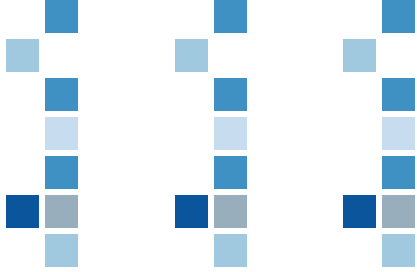
Future career pathways will require strong skills in science, technology, engineering and mathematics as well as enterprise skills like problem solving, creative thinking and critical analysis. At Birdwood, everything we do is focused on your child's success and wellbeing. Our staff provide a safe and supportive environment in which students can grow and learn and our curriculum provides opportunities, encourages team work and inspires and develops critical thinking skills that enable each child to be successful in their future aspirations.

We hope the information provided within this guide, along with our Transition Program, will help your child make the first positive steps toward becoming a success.

We welcome your child into our community.

Mark Hodgson  
Principal





## Getting Started at Birdwood High School

**PARENT INFORMATION EVENING:** Family members are warmly invited to attend a **Parent Information Evening on Tuesday 5 December 2023 from 6.30pm to 7.30pm** in the Exhibition Centre. This Information Evening will support your son/daughter in experiencing the transition visits.

**TRANSITION DAYS:** Students' Transition days will be held in Week 8, Term 4. Students may catch any of our school buses, or families will need to organise travel arrangements for their children to ensure punctual arrival and a safe journey home. Student leaders and staff will meet Year 6 students to answer questions and take introductory lessons while our current students will host orientation tours.

Students will need to bring their pencil cases for the Maths and English tasks and wear their primary school uniform. The canteen will be available at recess and lunch.

**FEES:** Parents are invoiced for Materials and Services charges at the start of each year. These charges cover the use of text books, electronic materials, curriculum materials, equipment, photocopying, internet and computing facilities, and a range of services provided to students.

Each year the Governing Council reviews these fees and then seeks approval from Department for Education (DfE).

Important Calendar dates for Term 3 & 4 2023, Term 1 2024		
Term 3 2023	Year 7 Enrolment forms due	Friday 25 August
Term 4 2023	Year 7 Transition Program 8.30am – 3.15pm Daily	Thursday & Friday 7–8 December
	Year 7 Parent Information	Tuesday 5 December
Term 1 2024	Start of School Year Term 1 2024	Monday 29 January 2024

Further dates of events will be published in the school newsletter and on the BHS website once they have been confirmed.

\* Due to COVID-19, changes and or restrictions may occur. These will be communicated via the Primary School, Birdwood High School Website and Facebook.







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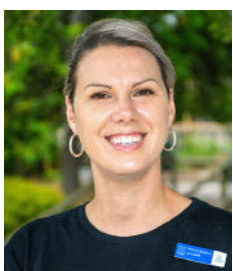


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# GENERAL INFORMATION



## HARD WORK CONQUERS ALL

All programs on offer at Birdwood High School are underpinned by the school motto 'Labor Omnia Vincit', hard work conquers all. Uniting all elements of the school is an appreciation of, and respect for, our school values of Excellence, Opportunity and Creativity. Our curriculum, student life program and House system challenge, engage, enrich, support and accelerate student learning. The Connected Learning program provides opportunities for students to learn about themselves and to develop skills to contribute positively to our school, local and global communities.

At Birdwood, students are challenged to show consideration of others, to strive for excellence, embrace opportunities and to be creative. Our students complete their schooling with their self-esteem firmly in place, confident to determine their future anywhere in the world.

## SUPPORTIVE AND INCLUSIVE

Student engagement, wellbeing and character development is at the heart of everything we do. Our educators ensure that students feel safe in a school that is inclusive, friendly, supportive and where students are known and valued by community members. This is enhanced by the family friendly ethos of the school. Students are supported by a warm and welcoming wider community of family, business, industry, Governing Council and our old scholars.

We continue to work in partnership with parents, students and the community to uphold our zero-tolerance to bullying and harassment by building resilience in every learner and focus on wellbeing through the Connected Learning and additional activities such as the Year 7 Camp, the Splash Carnival, and the Resilience Project.





## STUDENT LIFE PROGRAM

A wide range of enriching co-curricular activities are available to all students. Please see a list of available activities later in the booklet.

Every year activities change dependent on student preference and ideas.

## TRANSPORT

Please refer to the bus application form if it is applicable to you.

## STUDENT LEADERSHIP



The School Prefects represent the students at official functions. They are role models advocating for students and influencing school policies and directions. Each Prefect has a focus, which may change from year to year depending on the school's strategic directions.

The four School Houses and each Student Life Club have student Captains and Vice Captains who meet regularly with the Prefects and the Wellbeing Coordinator and Senior Leader to plan various school events.

The Student Forum is a group of student leaders selected from each Sub School who represent the school and resolve issues within the school and the greater community. Each Year 7–11 Advisory Group has a student representative who meet with the Sub School Leadership team on a regular basis as part of the Sub School Forum.

We encourage all incoming Year 7 students to actively participate and consider being the conduit between the students and the leaders at BHS.

## THE RESILIENCE PROJECT



RESILIENCE  
PROJECT

In 2024, we are again excited to bring The Resilience Project into our school community and implement their wellbeing curriculum throughout our classrooms.

Current research tells us:

- 1 in 4 adolescents have a mental illness.
- 1 in 7 primary school students have a mental illness.
- 1 in 5 adults will experience mental ill-health throughout the year.
- 65% of adolescents do not seek help for mental illness.

The Resilience Project delivers emotionally engaging programs and provides evidence-based, practical strategies to support positive mental health and build resilience. Presentations will include stories and research on how we can build mental health in our day to day lives, and support the mental health of the children in our care.

We understand that as primary carers, you have an essential role to play in building positive mental health with your children.

Through this program, teachers and students will engage in weekly lessons and activities around the key principles of Gratitude, Empathy and Mindfulness (GEM) to build resilience.

To support what we're doing in the classroom, you will be given access to an online Parent and Carer Hub which will introduce you to The Resilience Project, build your own confidence around resilience, and give you ideas to help your children and their mental health throughout the year.

The Resilience Project's School Program has been evaluated by the University of Melbourne and The University of Adelaide, with parents observing positive changes in how children handled home situations.

# SPECIALIST SPORTS ACADEMY (AUSTRALIAN RULES FOOTBALL)

The Specialist Sports Academy is a selective entry program that provides specialist sports coaching, together with leadership and initiative training and personal development activities to maximise the development of the whole student, and facilitate students to participate in elite sport competitions, coaching and sports professional learning courses. It is designed for both male and female from Years 7–10.

The Specialist Sports Academy also aims to stimulate student contributions to their learning and the desire to continue pathways to elite sports and post secondary studies in the field of Sport.

**Note\*** This subject incurs an annual additional course costs & will be included in the **Material & Services charge**.

## Outcomes for Students

- Participation in a stimulating specialist program extending from Year 7 through to Year 10
- Extensive skill development from high quality specialist coaches, teachers and mentors
- Personalised support for chosen academic programs
- Clear links established with sport pathways beyond Year 12, Stage 2
- At Stage 1 and 2 students can engage in Work Place Practices – Elite Sports. On successful completion the courses will contribute to an ATAR score in Year 12

## Selection criteria

The application process is a three-stage process; application endorsed by a teacher and a coach/mentor, interview and a physical trial.

Admission to the Program is not automatic and is based on the following criteria:

### 1. Sport Participation

Levels of competition played or engagement in a sport in school or out of school

Displays high level of interest in the Sport & Fitness industry

### 2. Personal Attributes

Shows initiative and a positive attitude

Displays good sportsmanship

Accepts advice and instruction from coaches in order to improve performance (Ability to be coached)

### 3. Academic Progress

Shows a record of academic progress

Has a school-wide record of positive behaviour

### 4. Leadership

Shows a record of school-based leadership

Shows a record of Community based involvement (not necessarily sport)

Displays the characteristics of a positive role model

## Expectations

The Specialist Sports Academy will be demanding and require students to be committed to achieving in both academic and physical areas. There will be behaviour, academic and physical expectations on students within the program. Students who cannot maintain expectations and uphold the school values will be removed from the program and placed into one of their elective preferences.

Expectations of students within the course are not limited to, but include the following:

- commitment to developing their own skills and knowledge within their chosen sport;
- commitment to completing theory work and tasks, thoroughly, and on time;
- come to lessons on time, with appropriate uniform, footwear and equipment;
- continually strive to improve in all aspects of schooling;
- behave as a positive role model in their approach to learning, school rules, and behaviour;
- represent the school in competitions;
- represent the school by committing to an external club's team.





All schools have expanded the current email service offered to students with additional services, and is known as Education Office 365. Education Office 365 is a customised package of Microsoft Office 365, tailored for the South Australian Public Education System, and is offered at no additional charge to parents/guardians whilst their student remains enrolled at Birdwood High School.

When enabled, students and families at Birdwood High School will be able to download licenced versions of common applications used in teaching and learning for no charge, and use them without an internet connection. They will also have their own online storage space for files that can be shared with other students and teachers. All students will be issued with a 'Education' email that will become the primary email account for all communication.

Below is some important information regarding the Education Office 365.

### **What is Education Office 365?**

Education Office 365 provides students with an email and collaboration platform to create and/or upload/share content. This may include websites, presentations, written, audio, images and video material as part of their educational program.

All data and information within Education Office 365 is stored within an Australian-based data centre and provides the following services to students.

- **Email (existing service)**

Students are provided a unique email address that remains the same throughout a student's enrolment in a State Government school or preschool.

- **Office 365 ProPlus (new)**

- Office 365 ProPlus provides the latest versions of Microsoft Office applications for desktop PCs, Macs and mobile devices, including Windows, iOS and Android devices. Office applications include Word, Excel, PowerPoint, OneNote, Access, Publisher and Outlook, however not all Office applications are available for Mac, iOS and Android devices.

Office applications can be installed, via the internet, on up to 5 personal computers and up to 5 mobile devices owned by a student (including parent-owned). Once installed, the applications can be used without an internet connection. Periodic internet connection is required for accessing data stored in cloud services, updates and licencing via your Education

Each student will receive 1 Terabyte (or 1000 Gigabytes) of online storage space provided by

Microsoft. By default all data and files are private, however they can be shared with other Education Office 365 users, including staff and students of other schools and preschools, but not anyone external to the Department of Education.

## USING EDUCATION OFFICE 365 SERVICES

All students are required to sign conditions of use agreements before they have access to school computers, internet, and software which outlines acceptable use.

The acceptable use agreements have been updated to outline conditions of use for the additional Education Office 365 services.

When students are at a school internet access will be filtered by The Education Department however access from home/off-site is not filtered by the department and as such should be supervised.

Please be aware that as with any internet use, it is possible (despite best efforts) that viruses and/or other malicious software could be introduced to your personal computing devices via Education Office 365 services (including email). It is strongly recommended personal devices have suitable antivirus / anti-malware software installed and regularly updated, and the device operating system is regularly updated.

Users of Education Office 365 are responsible for the information/data in their Education Office 365 account and any important information should be backed up. Education Office 365 including Office 365 ProPlus is only to be used in relation to delivering curriculum objectives, and must not be used to store, transmit or share sensitive or personal information.

### Installing Office 365 ProPlus

Office 365 ProPlus applications will need to be installed on a computer before it can be used. Further information on how to install Office 365 ProPlus will be available soon.

Although unlikely, it is possible that installing Office 365 ProPlus on your personal device may cause problems, such as conflicts with other software you have installed eg older versions of Microsoft Office.

It is recommended that you:

- Backup your personal device, prior to installing Office 365 ProPlus application(s); and
- Ensure your personal device meets or exceeds the Office 365 System Requirements <https://products.office.com/en-au/office-system-requirements>.

To assist families with their choice of a device we have prepared a BYOD Minimum Requirements document. Please note that the school cannot take responsibility for your child's device, therefore you may like to consider a maintenance agreement when purchasing. It is also advisable to check whether the device is covered under your home insurance policy.

Birdwood High School provides a combination of laptops and desktop computers for students to borrow for the day whilst at school. Unfortunately these are few in number and not available to take home. For future information please contact our Student Learning Hub Service Team on 8568 5100.

## MOBILE PHONES AND SMART DEVICES

The future's in our students' hands.

It's why phones shouldn't be.

Phones off while school's on.

What does this mean for you?

All students must keep their mobile phones off and away while at school.

Each school principal can approve exemptions in exceptional circumstances (such as for monitoring a health condition).

Your school has processes available if you need to get in touch with your child during school hours or if the school needs to contact you directly.

The State Government is banning mobile phones in all public high schools to improve the educational performance and wellbeing of our next generation.

phonesoff.as.gov.au

Government of South Australia

# BIRDWOOD HIGH SCHOOL BYOD MINIMUM REQUIREMENTS

## BYOD MINIMUM HARDWARE REQUIREMENTS:

### Windows PC Laptop Requirements

Minimum operating system: Windows 10 / 11

- Wireless 802.11ac (WiFi 5) or 802.11ax (WiFi 6)
- Battery life of at least 10 hours
- Screen size 13" or greater

Recommendations

- i5 (or greater) processor/CPU
- Protective carry bag
- 8gb RAM or greater
- SSD 256gb or greater

### Apple Laptop Requirements

Minimum operating system: macOS 10.15 or macOS 11 or newer

- Wireless 802.11ac (WiFi 5) or 802.11ax (WiFi 6)
- Battery life of at least 10 hours
- Screen size 13" or greater

Recommendations

- i5 (or new generation Apple equivalent) processor/CPU
- Protective carry bag
- 8gb RAM or greater
- SSD 256gb or greater

**The following devices/operating systems are not approved for use on the school network**

**Android**

**Chrome Books**

**Linux**

**iPads**

**Windows 10/11 version S**

## BYOD MINIMUM SOFTWARE REQUIREMENTS:

### Antivirus software (MANDATORY):

- For Windows machines the built in Windows Defender is adequate. No additional anti virus or security software is required
- For Macs – an option is below  
ClamX (for macs) <http://www.clamav.net>

### Internet browser that is up to date

- le: Chrome, Firefox, Safari, Microsoft EDGE

**Please note: Laptops must be brought to school fully charged.**

**Chargers will not be permitted to be used at school nor will they be loaned out.**

**The school cannot take responsibility for your child's device, therefore you may like to consider a maintenance agreement when purchasing. It is also advisable to add the device to your home insurance policy.**

# BOOKWORK STANDARDS

To support your learning process, feedback is provided by your teacher regarding the next steps, suggestions for improvement, and encouragement.

Well-presented bookwork is an important part of the teaching and learning process. It reflects your willingness to take responsibility for your own learning and show that you take pride in your education.

## Bookwork Standards are designed to:

- Help make learning visible
- Encourage you to take pride in your learning
- Help develop your organisational skills
- Assist you in developing positive work habits
- Provide opportunities for you to refine your literacy and numeracy skills

## At Birdwood High School, it is each student's responsibility to ensure that:

- All subject workbooks are labelled with their name and the subject
- All work is neatly presented
- Margins are ruled
- All work has a title and date
- Completed work is ruled off underneath
- Consecutive pages are used and there will be no empty spaces/pages
- Mistakes are corrected in an appropriate manner
- No graffiti, scribble, messy crossing out or drawings to be on covers or pages of their books
- Blue or black pen only is used (red pen or pencil when instructed by your teacher). Coloured pens should only be used for highlighting and/or organisation
- Worksheets are trimmed to fit in the book and glued in

## To support your learning progress:

Feedback provided by your teacher regarding the content of the book will be evident (e.g. work marked and commented on, suggestions for improvement and encouragement).

The Giver 15.3.21

- Larissa talked about the release of Roberto.
- She tells Jonas about Roberto's celebration and about how he looked to be released.
- Only the Committee knows about the Release process.

★★★  
I think the eer colourless shade of the apple and tunics tells us that these people are dull. They have no personality and to me it looks like the tunics represent that. Attention This is a reminder to females under nine that hair ribbons are to be neatly tied at all times' also backs up my opinion that they are boring. The fact that they are not allowed to form their own ideas and appearance also tells me their bland people.

U	L	D	Nine - Letter Word	16.3.21
I	E	I	die <sup>1</sup> deli <sup>2</sup> lie <sup>1</sup> sue <sup>1</sup>	(12)
S	C	O	dies <sup>2</sup> delis <sup>3</sup> lies <sup>2</sup>	

The Giver  
relinquish - voluntarily give up  
All of the Birth Givers have to relinquish the children they have.  
ominous - giving the impression a bad event will take place.  
The truth about the releasing process is quite ominous. ✓

Binomial Expansion

Example 1:  $(a+b)^2$

Example 2:  $(a+b)^3$

Example 3:  $(a+b)^4$

Example 4:  $(a+b)^5$

Example 5:  $(a+b)^6$

Example 6:  $(a+b)^7$

Example 7:  $(a+b)^8$

Example 8:  $(a+b)^9$

Example 9:  $(a+b)^{10}$

Example 10:  $(a+b)^{11}$

Example 11:  $(a+b)^{12}$

Example 12:  $(a+b)^{13}$

Example 13:  $(a+b)^{14}$

Example 14:  $(a+b)^{15}$

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Example 98:  $(a+b)^{99}$

Example 99:  $(a+b)^{100}$



# CONTEMPORARY CURRICULUM PATTERN MIDDLE SCHOOL

Year 7–10 students undertake a continuation of the Australian Curriculum in all subject areas. The contemporary curriculum content and capabilities provides opportunities for students to attain the skills and characteristics required to become successful learners. The use of technology is a central tool to the delivery of the curriculum and is used to enrich face to face learning. Teaching and learning focuses on engaging, challenging assessment tasks, critical literacy and numeracy development, and encourage deep understanding and creativity. We want our students to graduate with the skills to succeed in work and for life.

Student learning is designed to be challenging, so that each student has the opportunity to achieve individual excellence.

Students are placed into Advisory class in Year 7 and generally remain in the same Advisory class until they complete their schooling in Year 12 and where possible we ensure a consistency of teachers to support the continuity of learning.

During Advisory classes students engage with the Wellbeing and Engagement program with a specific focus on developing students' understanding of the capabilities and skills of Collaboration, Communication, Creativity and Critical Thinking which build the resilience required to successfully navigate adolescence and transition to adulthood.

This framework creates a coherent approach to Learner Wellbeing that builds from Middle School through to Senior School.

The Middle School curriculum is organised into eight Learning Areas:

- English
- Mathematics
- Technologies (Food, Materials, STEM and Agriculture)
- Language – Japanese
- Science
- Humanities
- Health and Physical Education
- The Arts (Visual, Media, Music and Drama)

## YEAR 7 – OVERVIEW

Year 7 is divided into 2 semesters – Semester 1 (Terms 1 and 2) and Semester 2 (Terms 3 and 4). All students study seven (7) subjects in each semester, a total of 14 subjects for the year (see below).

### Year 7 Curriculum Pattern

English	Maths	Science	HASS	Japanese	Health and Physical Education	Media Arts
						Drama
English	Maths	Science	HASS	Technologies	Agriculture	Visual Arts
						Music

### Year 7 Compulsory Subjects – ALL STUDENTS MUST COMPLETE

- 2 semesters of English
- 2 semesters of Mathematics
- 2 semesters of Science
- 2 semesters of HASS – including History, Geography, Civics and Citizenship, Economics and Business
- 2 semesters of the Arts – rotation of 1 term each of Media Arts, Visual Arts, Music and Drama
- 1 semester of Agriculture
- 1 semester of Health and Physical Education (HPE)
- 1 semester of Technologies – including Food and Materials
- 1 Semester of Language – Japanese

### Year 7 Specialists Sports Academy – APPLICATION ONLY

- 2 semesters of Australian Rules Football

## ENGLISH

**Course Length: 2 Semesters**

### Course Descriptor:

Students will undertake a range of activities including the study of language through the:

- Explicit teaching of writing text types
- Introduction to the formal study of literature
- Expansion of oral skills

Students will utilise a range of ICT skills to enhance their learning.

## MATHEMATICS

**Course Length: 2 Semesters**

### Course Descriptor:

The course covers the Australian Curriculum strands of Number and Algebra, Measurement and Geometry and Statistics and Probability.

The program incorporates developing technology skills, including the use of scientific calculators and student laptops to consolidate mathematical concepts and to provide opportunities for students to analyse and interpret real life mathematical models.

## AUSTRALIAN RULES FOOTBALL

**Course Length: 2 Semesters (additional course costs apply & will be included in the Material & services charge)**

### Course Descriptor:

This course allows students the opportunity to develop the specific knowledge, skills and understandings related to Australian Rules Football. Students will participate in football training, fitness sessions and theory lessons focusing on:

- Analysis and development of skill and technique with and without the use of digital technologies
- Fitness testing, improvement and an understanding of developing fitness programs
- Development of AFL tactics and gameplay
- Development of leadership capabilities, resilience and culture in a team environment.
- Injury prevention and management
- Professional requirements of athletes in elite sporting environments

The course will also explore how Australian Rules Football has defined cultures and behaviours locally, nationally and globally, as well as introducing students to pathways in the sporting industry. This course allows students the opportunity to develop

the specific knowledge, skills and understandings related to Australian Rules Football.

## SCIENCE

**Course Length: 2 Semesters**

### Course Descriptor:

Students explore the diversity of life on Earth and further develop their understanding of the role of classification. They develop models such as food chains, food webs and the water cycle to represent and analyse the flow of energy and matter through ecosystems. They consider the interaction between multiple forces when explaining changes in an object's motion and explore the notion of renewable and non-renewable resources.

## HUMANITIES AND SOCIAL SCIENCES (HASS)

**Course Length: 2 Semesters**

### Course Descriptor:

The History course studies the time of the earliest human communities to the end of the ancient period, from approximately 60,000 BC (BCE) to 650 AD (CE). Our three depth studies of this historical period include Investigating the Ancient Past, Ancient Egypt and Ancient China.

The Geography course explores two major depth studies, Water in the World and Place and Livability. Through the Civics and Citizenship, students explore how democracy protects Australians, and how the values within the constitution shape society. Within Economics and Business, students explore the characteristics of entrepreneurial behaviour and successful businesses.

## HEALTH AND PHYSICAL EDUCATION

**Course Length: 1 Semester**

### Course Descriptor:

In Physical Education students develop their skills and fitness in a range of sports. They develop social skills through team sports and understand the need for fitness and a healthy lifestyle. In Health students develop their knowledge and skills for healthy dietary practices and understand the effects drugs and alcohol have on a person. The understanding of mental health, resiliency and relationships is also covered.

## LANGUAGE – JAPANESE

Course Length: 1 Semester

### Course Descriptor:

#### Japanese

Students develop basic understanding of the Japanese writing system and how cultural values, such as harmony and humility, are embedded in language. These understandings support students' growth in communicating effectively through a variety of modes and contexts. No prior knowledge of Japanese is required.

## AGRICULTURE

Course Length: 1 Semester

### Course Descriptor:

This course draws from various subject areas of the Australian Curriculum and provides students with a combination of the theoretical and the real-world practical applications of Agriculture.

The practical components vary between raising chickens, working with sheep and lambs, and producing their own vegetables.



## TECHNOLOGIES

Course Length: 1 Semester

### Course Descriptor:

Students are given an opportunity to experience all of the Technologies through 2 x 10 week blocks of each subject. This means that students experience the following:

#### Food Technologies

Students learn how to apply knowledge of the characteristics of food, along with nutrition principles to food selection and preparation through the design and preparation of food for specific purposes and consumers. In Year 7, students design the ultimate healthy eating lunch box.

#### Digital and Material Technologies

The focus of the course is to give students the opportunity to learn and develop their skills in the Technologies and to be able to appreciate the production and/or performance skills required in these areas of study.

#### Digital Technologies:

Students will develop their understanding of the vital role that data plays in their lives, and how the data and related systems define and are limited by technical, environmental, economic and social constraints.

## THE ARTS

Course Length: 2 Semesters

### Course Descriptor:

Students are given an opportunity to experience all of the Arts offered at Birdwood. Students develop skills needed for working with an extended range of methods and materials, and to develop a increased knowledge and appreciation of the world of visual art and design, media arts, music and drama.





# Birdwood High School



## Uniform



It is a requirement for all students to wear the school uniform. This decision is affirmed by Governing Council, Principal and Staff.

## Uniform Supplier

All uniform items can be purchased from Brandmode, in-store and online

83 Glen Osmond Road, Ph: 8357 0022  
9am-5pm Mon to Fri, 9am-12noon Saturday

[www.brandmode.com.au](http://www.brandmode.com.au)

## Items of Uniform

- Birdwood High School check dress (knee length)
- Navy blue pants with BHS logo
- Navy blue shorts/skortis with BHS logo
- Navy blue rugby top with BHS logo
- Soft shell jacket with BHS logo
- Navy blue cap | bucket hat | beanie
- Short sleeved polo shirt with BHS logo
- Approved Year 12 seniors top
- Navy, white or black socks
- Navy blue scarf







## Physical Education Uniform

- Navy blue shorts or skirts with BHS logo
- PE sky blue top with BHS logo
- Sporting footwear

Students change into the Physical Education uniform at the beginning of the PE lesson, on the completion of the class students change back into the school uniform.

## Footwear requirements for all students

Plain black, leather (or vinyl) lace up enclosed school shoes. (not above ankle)



Unacceptable Footwear: Slip on black shoes with exposed tops or shoes made with canvas or fabric, ballet flats due to WH&S regulations.





## Protective Clothing

At Birdwood High School we provide a safe learning environment and adhere to safety guidelines specified by Department For Education, Department of Labour and Industry and the Work Health and Safety Act.

Guidelines regarding clothing, footwear and eye protection are explained to students attending practical courses. Students enrolled in certain Vocational Courses will have specific requirements regarding uniform attire.

It is expected that hats are worn for sun protection. Within buildings, hats are to be removed.

## Jewellery and Make-Up

Natural nail polish and make up tones only. No visible chains or jewellery. Stud or sleeper earrings are permitted, some students may require an exemption to wear an additional piercing or jewellery that has cultural / religious significance. In order to apply for the exemption families need to write/email the Sub School Leader describing the exemption required and the significance.



## Birdwood High School

Shannon Street, Birdwood SA 5234

P: (08) 8 8568 5100

E: [dl.0770.info@schools.sa.edu.au](mailto:dl.0770.info@schools.sa.edu.au)

[www.birdwoodhs.sa.edu.au](http://www.birdwoodhs.sa.edu.au)



**Government of South Australia**

Department for Education



# BIRDWOOD HIGH SCHOOL TRANSITION DAY SAMPLE



On their two days of transition, students will first experience Active Ed, a hands on day focused on building new relationships and creating connections with their peers, and a day exploring some of the curriculum offered at Birdwood High School.

## Active Ed – Relationships and Wellbeing

	7.1	7.2	7.3	7.4
8:45AM – 9:15AM	WELCOME AND ADVISORY ALLOCATION IN THE GYM			
9:15AM – 9:45AM	FULL VALUE CONTRACT (Play Fair, Play Hard, Play Safe) ENERGISER ACTIVITIES			
9:45AM – 10:45AM	TEAM CHALLENGES	RELATIONSHIP BUILDING	GROWTH AND POSITIVITY	TEAM CHALLENGES
10:45AM – 11:05AM	RECESS			
11:05AM – 12:10PM	GROWTH AND POSITIVITY	TEAM CHALLENGES	RELATIONSHIP BUILDING	RELATIONSHIP BUILDING
12:10PM – 1:20PM	RELATIONSHIP BUILDING	GROWTH AND POSITIVITY	TEAM CHALLENGES	GROWTH AND POSITIVITY
1:20PM – 2:00PM	LUNCH			
2:00PM – 3:00PM	THE DOMINO EFFECT			
3:00PM – 3:15PM	ASSEMBLY IN THE GYM			
3:15PM	MOVE TO BUSES/PICK UP			

## School Culture Experience

	7.1	7.2	7.3	7.4
8:45AM – 8:55AM	WELCOME AND ADVISORY ALLOCATION IN THE GYM			
8:55AM – 9:55AM	ADVISORY & ID photos	ADVISORY & ID photos	ADVISORY & ID photos	ADVISORY & ID photos
9:55AM – 10:45AM	ENGLISH	ENGLISH	MATHS	FOOD TECH
10:45AM – 11:05AM	RECESS			
11:05AM – 12:10PM	MATHS	HPE	FOOD TECH	HPE
12:10PM – 1:20PM	FOOD TECH	MATHS	HPE	ENGLISH
1:20PM – 2:00PM	LUNCH			
2:00PM – 3:00PM	HPE	FOOD TECH	ENGLISH	MATHS
3:00PM – 3:15PM	ASSEMBLY IN THE GYM			
3:15	MOVE TO BUSES/PICK UP			



## 2023 LINE TIMETABLE AND BELL TIMES

Monday	Tuesday	Wednesday	Thursday	Friday
Advisory Yr8-12 8:45 (10 min)	Advisory Yr8-12 8:45 (10 min)	Advisory Yr8-12 8:45 (10 min)	Advisory Yr8-12 8:45 (10 min)	Advisory Yr8-12 8:45 (20 min)
Lesson 1 8:55 (60 min) Line 1	Lesson 1 8:55 (60 min) Line 5 *	Lesson 1 8:55 (50 min) Line 6 *	Lesson 1 8:55 (80 min) Line 2 *	Lesson 1 9:05 (80 min) Line 6
Lesson 2 9:55 (50 min) Line 2	Lesson 2 9:55 (50 min) Connected Learning 8-12	Lesson 2 9:45 (60 min) Connected Learning 8-12	Lesson 2 10:15 (30 min) Connected Learning 8-12	
Recess 10:45-11:10 (25 min)	Recess 10:45-11:10 (25 min)	Recess 10:45-11:10 (25 min)	Recess 10:45-11:10 (25 min)	Recess 10:25-10:50 (25 min)
Lesson 3 11:10 (60 min) Line 7	Lesson 3 11:10 (60 min) Line 3 *	Lesson 3 11:10 (60 min) Line 4	Lesson 3 11:10 (60 min) Line 3	Lesson 2 10:50 (80 min) Line 3 *
Lesson 4 12:10 (70 min) Line 4 *	Lesson 4 12:10 (70 min) Line 1 *	Lesson 4 12:10 (70 min) Line 5 *	Lesson 4 12:10 (70 min) Line 7 *	Lesson 3 12:10 (70 min) Line 4 *
Lunch 1:20-2:00 (40 min)	Lunch 1:20-2:00 (40 min)	Lunch 1:20-2:00 (40 min)	Lunch 1:20-2:00 (40 min)	Lunch 1:20-2:00 (40 min)
Lesson 5 2:05 (70 min) Line 6 *	Lesson 5 2:05 (70 min) Line 2 *	Lesson 5 2:05 (70 min) Line 7 *	Lesson 5 2:05 (70 min) Line 1 *	Lesson 4 2:05 (70 min) Line 5
Finish Time 3:15pm	Finish Time 3:15pm	Finish Time 3:15pm	Finish Time 3:15pm	Finish Time 3:15pm

\*Scheduled Homework Evenings

## STUDENT STATIONERY REQUIREMENTS 2024 – YEAR 7

Parents can purchase the items listed below from any stationery supplier of choice. Please read the list carefully and check specifications.

Orders can be submitted directly to Birdwood Newsagency and is located on Shannon Street, Birdwood. For any queries, please make direct contact on Phone: 85685377

Please note that all student stationery listed is **required and essential**. Please name all items.

Product Description	Quantity	Explanation/Directions
A4 Spiral Bound Display Folder	1	Visual Art
A4 96 page Exercise Book	8	Learning Area book work 1 for each subject, each semester
Plastic Book Protectors	8	1 per book
Graph Books 5 mm A4 96 page	3	Mathematics & Japanese class. Noting the 5mm graph boxes required
Visual Art Diary A4	1	Blank Art book to evidence learning.
Coloured Pencils	1 pack	Any brand – must be named
Coloured Highlighters	1 pack	Assorted pkt 4
Pens	8	Blue, black, red are all acceptable. No florescent colours for general writing. Must be named and need to be replaced as required
Felt Tip Pen –Black – 0.4 or 0.6	1	Must be named and replaced as required
Lead Pencils	6	Must be named
Ruler 30 cm	1	
Glue Stick	1	1 glue stick per term – depending of use
Scissors	1	Must be named
USB or External Hard Drive	1	Minimum of 8GB.
Scientific Calculator	1	This will be used throughout secondary schooling and is compulsory. Casio Brand is recommended. A graphics calculator is not required in middle school, but will be required in senior school.
Protractor	1	Must be named
Compass	1	Must be named
Eraser	1	Must be named
Pencil Case	1	Must be named
Combination Lock	1	Locker

\*Multi-subject books **are not recommended**.

## SPORTS PROGRAM

A comprehensive Statewide Knockout Sports program runs throughout the year. The Physical Education staff as well as volunteer teaching staff, train and coach teams across a wide variety of sports. All competitions work on a home and away basis. Below is a list of the sports on offer which run on the basis of student interest. If there is a sport not included that students are interested in, we will do our best to organise a competition. Weekly trainings are held for all sports and students are required to attend. Training days/times vary and are dependent on coach availability but are generally held at a lunch time. Students representing the school are expected to wear their sports uniform at sporting events and are allocated special playing uniforms for each sporting activity.

Birdwood High School holds a Sports Day in first term. All students are allocated a school House Team and compete within this team on Sports Day. A full athletics carnival is held on the school oval with novelty events included for fun and inclusivity. Points are tallied for all events and the Interhouse Athletics Shield is awarded to the winning team on the day.

Students who perform well on the BHS sports day are invited to represent the school in the Statewide Knockout Sport Athletics Carnival. A chartered bus travels to SA Athletics Stadium in Adelaide on our day of competition.



- Netball (Girls)**
- Australian Rules Football**
- Soccer**
- Indoor Soccer**
- Tennis**
- Cricket**
- Basketball**
- Athletics**
- Touch Football**
- Rugby**
- Cross Country Running**

Physical Education Staff will also endeavour to include students in any other specialist sports if competitions exist within our system.

**Statewide Knockout Sports  
(Boys and Girls unless indicated)**



# WELCOME TO BIRDWOOD HIGH SCHOOL

## Student Life

The Student Life Program offers all students the opportunity to actively engage in shared interests with various clubs and groups. Participation allows students to further their involvement in our school community whilst enhancing wellbeing, forming new friendships with all year levels and progressing their personal development.

Getting involved in Student Life is often rewarding and positively contributes to students' social growth. The aim of the programs is to uphold the school values, challenge students to learn new skills, inspire leadership and promote harmony. Students have the opportunity to immerse themselves in our lunchtime clubs that meet once a week.



The Show Team provides students with the necessary skills in assisting, handling and educating animals to prepare them for anticipated upcoming shows.



The Games Club has developed a large and passionate group of board, card and video gamers. This include Minecraft and Dungeons and Dragons sessions.



The Art Space provides senior students with extra time to work on practical tasks and folios, but is also open to year 8 and 9 students with a passion for the learning area.



The School Band gives students the opportunity to explore their musical passion and perform at school events. The band also provides music during the operation of the school's cafe.

Stage 1 Café Culture is an Integrated Learning program delivered in Year 10 that covers the preparation and serving of both café food and espresso-based beverages, drawing and applying critical thinking skills through inquiry of the industry.

The DeJa Brew café offers students an opportunity to apply their knowledge in how to market, operate and run a café, while developing employable skills for jobs in the food and hospitality industry. Student groups run and operate the café at lunchtime once a week, practising their barista skills by delivering high quality coffee, customer service, and café style food to our Birdwood High School community.



Rest and Mindfulness develops students learning about mindfulness, breathing and relaxation techniques to assist with self-regulation and relaxation.





Friday morning Breakfast Club is open for students to come in for a delicious breakfast. Toasties, pancakes, cereal, toast, fruit, milo, and juice are some of the breakfast items on offer. It is a great opportunity to have a chat to other students whilst enjoying a shared breakfast.



Vanessa Curry from 'Happyness' teaches yoga to students in the Exhibition Centre Thursday lunchtimes. Dru yoga is a gentle, flowing style of yoga. Perfect for any age, body, fitness and experience level. Sessions conclude with stretching and relaxation.







# Birdwood High School

Shannon Street

Birdwood SA 5234

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